Sevier Park Regional Community Center

Adult Programming Cultural Arts Youth Programming **Family Programming** (\$) - Paid Class

Winter 2021 / Spring 2022 **Program Schedule**

> **Fitness Center Indoor Track Hours**

Monday- Thursday 6:00am-8:00pm

Friday 6:00am-7:00pm

Saturday 8:00am-11:45am

Facility Coordinator Randy Crawley, Jr.

Program Coordinator Tia Mason

Recreation Leaders Andy Bobadilla Kaylondra Robinson Mvk Martin **Tracye Davis** Ronnie Forte Ida Hood

Recreation Facility Attendants Jim Walkden

Sevier Park Community Center



3021 Lealand Lane. Nashville, TN 37204 – 615-862-8466

Monday Hours: 6:00am-8:30pm

> 9:00am-12:00pm **Adult Badminton**

12:00pm-2:00pm Adult Open Gym Basketball (ages 18+)

3:00pm-6:00pm After School Programming (See staff for details) Ages 6vrs-14vrs (Registration Required)

> 6:00pm-8:00pm **Adult Badminton** (ages 18+)

Schedule subject to chanae during Metro Nashville Public School breaks to accommodate students

Tuesday Hours: 6:00am-8:30pm

> 6:00am-8:30am Adult Open Gym **Basketball** (ages 18+)

10:30am-11:30am Tot Time w/ Mr. Andy [Begins Feb 1, 2022] *Registration Required* (Please contact us for more details)

Family Open Gym 11:30am-2:00pm *Ages 14 & Under MUST be accompanied by adult*

3:00pm-6:30pm **After School Programming** (See staff for details) Ages 6yrs-14yrs (Registration Required)

> 6:30pm-8:00pm Adult Open Gym Pickleball



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Center

Wednesday Hours: 6:00am-8:30pm

9:00am-12:00pm **Adult Badminton**

12:00pm-2:00pm Adult Open Gym Basketball (ages 18+)

10:00am-11:00am (\$) Tai Chi for Beginners w/ Jen Jen

12:30pm-1:30pm Active Aging Pilates (\$) w/Kari 1:30pm-2:30pm Beginner Pilates Mat (\$) w/Kari

2:45pm-3:30pm **Creative Movement** (ages 3-4 ½yrs) [Jan. 12- Apr. 13]

3:00pm-6:00pm **After School Programming** (See staff for details) Ages 6yrs-14yrs (Registration Required)

> 3:45pm-4:30pm **Creative Movement** (ages 4 ½ - 5yrs) [Jan. 12- Apr. 13]

4:30pm- 5:30pm Theater Jazz (ages 8-11) [Jan. 12- Apr. 13]

6:00pm-7:00pm (\$) Adult Bootcamp w/Ms. Jessica (Begins Jan. 12, 2022)

Thursday Hours: 6:00am-8:30pm

6:00am-8:30am Adult Open Gym Basketball (ages 18+)

10:30am-11:30am Tot Time w/ Mr. Andy [Begins Feb.3, 2022] *Registration Required* (Please contact us for more details)

> 11:30am-2:00pm Family Open Gym

3:00pm-6:00pm **After School Programming** (See staff for details) Ages 6yrs-14yrs (Registration Required)

4:15pm-5:00pm Pre-Ballet (Ages 6-7rs) [Jan. 13- Apr. 14]

> 5:00pm-6:00pm Ballet Beginning I (Ages 7-8yrs) [Jan. 13- Apr. 14]

6:00pm-8:00pm Youth Volleyball w/ Ms. Tia (All Skill Levels Welcome)



Friday Hours:

6:00am-7:30pm

6:00am-8:30am Adult Open Gym **Basketball** (ages 18+)

9:00am-12:00pm Adult Open Gym **Pickleball**

10:30am-11:30am Dancing with Parkinson's [January 14- March 4]

12:00pm-2:00pm Adult Open Gym Basketball (ages 18+)

3:00pm-6:30pm **After School Programming** (See staff for details) Ages 6vrs-14vrs (Registration Required)

Memberships & Fees:

Daily Pass (Fitness Center) Adult \$3.00 Teens/Senior/Military \$1.50

10 Visit Pass (Fitness Center) Adult \$20.00

Teens/Senior/Military \$10.00

Monthly Pass (Fitness Center) Adult \$30.00 Teens/Senior/Military \$20.00

> Fitness Class \$4.00

Saturday Hours: 8:00am-12:00pm

8:00am-9:30am Family Open Gym *Ages 14 & Under MUST be accompanied by adult*

8:30am-11:30am Game Room *Ages 14 & Under MUST be accompanied by adult*

9:45am-10:45am (\$) Lo-Impact Strength w/ Ms. Charturah

> 11:00am-11:30am Adult Open Gym (ages 18+)

Memberships & Fees: (Continued)

> 10 Pass Fit Card (Classes Only) \$40.00

"Senior" = 62yrs and up "Teens" = 13vrs-17vrs



Are YOU interested in hosting an event at Sevier Park?!

Please see staff for more information regarding Facility Reservations*

Sevier Park Regional Community Center